

ONTARIO TAEKWONDO ASSOCIATION

1185 Eglinton Avenue East, North York, Ontario M3C 3C6

March 2005

Dear Coaches, Instructors, and athletes

Ontario Taekwondo Association (O.T.A.) would like to extend an invitation to all Coaches and Instructors to participate in the 1st Coaches Symposium on Saturday, April 30th and Sunday, May 1st, 2005. The Symposium is part of the O.T.A. Technical Committee initiative, the weekend workshop will provide you the opportunity to share though provoking ideas in coaching and planning, and unify knowledge with coaches.

The 2005 series of the Coaches Symposium will consist of two parts:

Day 1- A sport system defined, focus on Basics and Fundamentals.

Day 2- Technical segment: principles to training, injuries in Taekwondo.

The Ontario Taekwondo Association will invite several key speakers for each segment to present specific topics surrounding this workshop.

This workshop, adheres to the importance for coaching and believes in build coaching leadership skills within Ontario. With the recent results with our Senior Ontario team, winning 10 gold medals at the 2005 Canadian National Taekwondo Championships, surely demonstrate quality and effective coaching.

For further details, please go to our association website: www.taekwondo.on.ca

I look forward to meeting all of you at the Coaches Symposium.

Sincerely

Grandmaster Choung Young Su
President, Ontario Taekwondo Association

**Ontario Taekwondo Association
1st Coaches Symposium**

- Date:** Saturday, April 30th, 2005
9:30am to 4:00pm
Sunday, May 1st, 2005
10:00am to 1:00pm
- Where:** Sport Alliance of Ontario
Basement Cafeteria
1185 Eglinton Avenue East
Don Mills/Eglinton
- Fee:** **\$75.00** (O.T.A. members) Pre-registered
\$90.00 at the door
- Requirement:** -current O.T.A. Black Belt Member
-18 years of age and over
-Kukkiwon dan holder
-NCCP Level 1 (preferred)
- Registration Deadline:** Must be **received** no later than **Wednesday, April 27th, 2005.**
Limited space is available
- Mail Registration to:** OTA Secretary
c/o 69 Mississauga Street
Oakville, ON L6L 3A5
- Please bring:** Notebook, pen and dobuk
- Disclaimer:** **The information represented at the 1st Coaches Symposium is in no way affiliated or in partnership with the National Coaches Certification Program (N.C.C.P.).**

Ontario Taekwondo Association Coaches Symposium

Content

1. Technical

Speaker: Grandmaster Choung Young Su
8th Dan
NCCP Level 5 Certified
Board of Director, Coaches Association of Ontario
1988 and 1992 Canadian Olympic Team Coach

2. Principles to Training. An Ideology and Methodology

Speaker: Timothy Suzuki-Sport Consultant
NCCP Level 5 certified
National Coaching Institute Mentor Coach
Physical Education Program.BA-York University

3. Poomse

Speaker: Master Rim Song Hack
7th Dan

4. Injuries in Taekwondo, Basic Treatment and Prevention

Speaker: Dr. Mohsen Kazemi, R.N., D.C., F.C.C.S.S.(C), D.A.C.R.B., D. Ac Sports
and rehabilitation specialist Chiropractor, Acupuncturist
Sports Specialist Rehab Centre in Toronto
Chairperson, O.T.A. Medical Committee
Member Team, Team Canada Medical Team
Member of Core Canadian Medical Team-'02 Commonwealth Games and
Winter Olympic, and '03 Pan Am Games

**Ontario Taekwondo Association
1st Coaches Symposium**

Saturday, April 30th and Sunday, May 1st, 2005

Name: _____

Address: _____

Telephone: _____ **Email:** _____

O.T.A. Member: Yes No **Kukkiwon No.:** _____

NCCP Level: _____ **NCCP #:** _____

CAO Member? Yes No **CAO Membership No.** _____

Club Name: _____

Coaching Experience:

Recreation (club level) or Provincial, National and/or International.

OTA SELECTIONS-JUNIOR

OTA SELECTIONS-SENIOR

DATE OF MOST RECENT GAME

DATE OF MOST RECENT GAME

NAT'L CHAMPIONSHIP-JUNIOR

NAT'L CHAMPIONSHIP-SENIOR

DATE OF MOST RECENT GAME

DATE OF MOST RECENT GAME

INTERNATIONAL EVENTS:

EVENT

EVENT

Any personal information collected by the OTA shall not be used or disclosed for any commercial purpose.



APPLICATION FOR MEMBERSHIP-(BLACK BELT ONLY-\$15.00)

Please make cheque payable Ontario Taekwondo Association

Renewal [] New []

NAME _____ SEX M [] F [] D.O.B. _____

ADDRESS _____

CITY _____ PROV _____ POSTAL CODE _____

PHONE _____ KUKKIWWON # _____
PLEASE INCLUDE COPY

CURRENT MASTER OR INSTRUCTOR _____

CLUB NAME _____

ADDRESS _____

CITY _____ PROV _____ POSTAL CODE _____

PHONE _____

1. Has the above Master/Instructor approved your most recent Black Belt accreditation? Yes _____ No _____

2. If no, please provide: _____

CLUB NAME _____

ADDRESS _____

CITY _____ PROV _____ POSTAL CODE _____

PHONE _____ MASTER OR INSTRUCTOR _____

If you do not have a master/instructor, would you agree to have your future testings conducted by the Association?
Yes _____ No _____

RELEASE OF LIABILITY AND WAIVER OF CLAIMS

In consideration of the acceptance of the Applicant as a member of the Ontario Taekwondo Association (O.T.A.) And payment of membership dues, the Applicant (Parent or Guardian), his heirs, executors, administrators and assigns agree to save harmless and to waive any claim and to keep indemnified the O.T.A., its directors, officers, members, coaches, officials, servants, employees, agents and representatives from any and all claims, actions or causes of actions, costs and expenses howsoever arising out of relating to any activity of the Applicant taking part in or being connected to any activity of the O.T.A. Whether caused by negligence of any of the O.T.A.'s directors, officers, members, officials, coaches, servants, employees, agents or representatives. I am also fully aware that in participating this sporting activity there are some inherent risks attached to it which may cause injury. Without listing the generality of the foregoing, the Applicant (Parent or Guardian) further releases the O.T.A. from any recourse which the Applicant may now have or hereafter have resulting from any action or decisions of the O.T.A.

Date

Applicant Signature 18 or over

Parent/Guardian
Signature if under 18

Date

Instructor's Signature