

**ELITE MARTIAL ART CENTRE**  
**P.O. BOX 1080, 34B KING ST. E. COLBORNE, ON K0K 1S0**  
**727 WILLIAM ST. UNIT B, COBOURG, ON K9A 3A6**  
**905-355-3752, 905-373-2686, 905-373-1TKD**  
**knuckles@eagle.ca**

March 11, 2005

To: All Member Clubs of the O.T.A.

Dear Masters and Instructors:

Elite Martial Art Centre is proud to be hosting their third "E-MAC CHALLENGE" tournament on May 7, 2005 at Cobourg Memorial Arena (Pad 1), 206 Furnace St. Cobourg, Ontario. The second Provincial Junior Selection will be held as the second day of this event on May 8, 2005 as well. This is an O.T.A. sanctioned tournament. WTF rules will apply to the black belt competition between the ages of 13 to 29. O.T.A. colour belt rules will apply to all other divisions.

Please note that all competitors must be current 2005-2006 members of the Ontario Taekwondo Association.

Enclosed is a tournament package including entry forms, and OTA application forms. Please make copies as necessary. You will also note that pre-registration is available and is encouraged to cut down on lineups and delays at the registration desk. Please take advantage of this option before the deadline of April 20, 2005.

Please note that we are hosting an **Advanced Belt Extravaganza**, whereby we will have set up at the onset of the day, a full 12 meter ring with electronic scoring. We will have all blue and red belt divisions sparring on the full ring, with three judges and two rounds. This will give the blue and red belts and opportunity to experience the WTF game and a feel how the game will be played once they reach the black belt level. Please encourage your students to attend and take advantage of this unique opportunity.

In the meantime, if you have any questions, please do not hesitate to contact us at 905-355-3752, 905-373-2686, 905-373-1TKD or by email at [knuckles@eagle.ca](mailto:knuckles@eagle.ca).

Thank you for your interest and we hope to see you in May.

Yours in Taekwondo

J. Glenn Marian  
Tournament Director  
Elite Martial Art Centre

**PROVIDING THE PATH TO EXCELLENCE**

# **E-MAC** **CHALLENGE**

**Colour Belt Competition,  
Advanced Belt Extravaganza and  
Second Provincial Junior Selection  
Hosted by: Elite Martial Art Centre  
May 7 and 8, 2005**

**Registration: 8:30 am**

**Start Time: 10:00 am**

**Admission: \$5.00**

**Children under 6 are free**

**Cobourg Memorial Arena, Pad 1  
206 Furnace Street,  
Cobourg, Ontario**

**For More Information:**

**905-355-3752, 905-373-2686, 905-373-1TKD**

**Email: [knuckles@eagle.ca](mailto:knuckles@eagle.ca)**

**Sanctioned by  
The Ontario Taekwondo Association  
Officially recognized by  
The Ministry of Citizenship, Culture and Recreation**

# E-MAC CHALLENGE

**Date:** Saturday, May 7, 2005

**Place:** Cobourg Memorial Arena, Pad 1, 6 Furnace St, Cobourg, Ontario

**Pre-registration:**

Deadline is April 20, 2005

Mail to Elite Martial Art Centre, P.O. Box 1080, Colborne, ON K0K 1S0

**Fees:** \$40 for 1 or 2 events, cash only at the door.  
\$40 for 1 or 2 events, pre-registered. No personal cheques. Certified cheque or money order.  
\$15 OTA Colour or Black Belt single event if not a current 2005-2006 member  
OTA membership will be checked at the door

**Spectator Fee:** 5.00 each, children under 6 years are free

**Times:** 8:30 am – Registration  
9:30 am - Referee Meeting  
9:45 am – Welcome and Rules  
10:00 am – Competition Begins  
Times are approximate, but we will do our utmost to start on time.

**Mandatory WTF Approved Equipment of all ages and divisions:**

Must be provided by the athlete.  
Shin and forearm guards  
Groin protector for male and female  
Helmet  
Trunk Protector  
Mouth Guard

**Rules:** WTF rules apply to Black Belt sparring ages 13- to 29  
OTA colour belt rules apply to all others

**Rounds:** White to Green Belt ages up to and including 14: 1 round of 1.5 minutes  
White to Green Belt aged 15 and over: 1 round of 2 minutes  
Blue and Red Belts up to and including age 14: 2 rounds of 1.5 minutes  
Blue and Red Belts age 15 and over: 2 rounds of 2 minutes  
All Black Belts: 2 rounds of 2 minutes

**Awards:**

Patterns: Gold, Silver & Bronze  
Sparring: Gold, Silver and 2 Bronze

**Hotel:** Best Western Cobourg Inn  
930 Burnham St. Cobourg, ON K9A 2X9, 1-905-372-2105; 1-800-WESTERN  
HWY 401, exit at # 472  
\$97 per night, mention Elite Martial Art Centre  
Deadline for booking is April 20, 2005

**Alternate:** Comfort Inn  
121 Densmore Rd. Cobourg ON, 1-905-372-7007  
Hwy 401, exit at # 474  
\$100 per night, mention Elite Martial Art Centre  
Deadline for booking is April 6, 2004

# E-MAC CHALLENGE

Saturday, May 7, 2005

Cobourg Memorial Arena, Pad 1, 206 Furnace St. Cobourg, ON

Hosted by: Elite Martial Art Centre

## ENTRY FORM

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ PHONE: \_\_\_\_\_

AGE: \_\_\_\_\_ SEX: \_\_\_\_\_ BELT: \_\_\_\_\_ WEIGHT: \_\_\_\_\_ HEIGHT: \_\_\_\_\_

TAEKWONDO SCHOOL: \_\_\_\_\_

MASTER OR INSTRUCTOR: \_\_\_\_\_

FEE: \$40 (For one, two or both events)

OTA MEMBER?: \_\_\_\_\_ NUMBER: \_\_\_\_\_

## LIABILITY WAIVER

I have read the rules and hereby submit my application for registration in the E-MAC CHALLENGE. I understand that my participation involves certain risks and regardless of the precautions taken by organizers, some injuries may occur. I agree to waive claims against any persons connected with this tournament and hold harmless the tournament host, their representatives, and competitors for any injuries I may sustain, and likewise assume full responsibility for all my actions in connection with said tournament. I further agree, that any pictures taken of or by me in connection with the said tournament can be used by the Tournament Director for publicity or promotion without compensation at this or any other time.

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

SIGNATURE OF PARENT/GUARDIAN (If under 18 years): \_\_\_\_\_

### SPARRING

NAME: \_\_\_\_\_

TKD SCHOOL: \_\_\_\_\_

AGE: \_\_\_\_\_ BELT \_\_\_\_\_

HEIGHT: \_\_\_\_\_ WEIGHT: \_\_\_\_\_

PLACE: \_\_\_\_\_

### PATTERNS

NAME: \_\_\_\_\_

TKD SCHOOL: \_\_\_\_\_

AGE: \_\_\_\_\_ BELT \_\_\_\_\_

POINTS: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ = \_\_\_\_\_

PLACE: \_\_\_\_\_

**COLOUR BELT  
DIVISIONS**

Age	Male/Female	Weights	Belt	Belt	Belt
			<b>PATTERNS</b>		
Special Needs	Together	None	All		
6 & Under	Together	None	White/Yellow	Orange/Green	Blue/Red
7 - 8	Together	None	White/Yellow	Orange/Green	Blue/Red
9 - 10	Together	None	White/Yellow	Orange/Green	Blue/Red
11 - 12	Together	None	White/Yellow	Orange/Green	Blue/Red
13 - 14	Together	None	White/Yellow	Orange/Green	Blue/Red
15 - 16	Together	None	White/Yellow	Orange/Green	Blue/Red
17 - 29	Together	None	White/Yellow	Orange/Green	Blue/Red
30 & Over	Together	None	White/Yellow	Orange/Green	Blue/Red

**SPARRING**

6 & Under	Together	Light/Heavy	White/Yellow	Orange/Green	Blue/Red
7 - 8	Separate	Light/Heavy	White/Yellow	Orange/Green	Blue/Red
9 - 10	Separate	Light/Heavy	White/Yellow	Orange/Green	Blue/Red
11 - 12	Separate	Light/Heavy	White/Yellow	Orange/Green	Blue/Red
13 - 14	Separate	Light/Heavy	White/Yellow	Orange/Green	Blue/Red
15 - 16	Separate	Light/Heavy	White/Yellow	Orange/Green	Blue/Red
17 - 29	Separate	Light/Heavy	White/Yellow	Orange/Green	Blue/Red
30 - 35	Separate	Light/Heavy	White/Yellow	Orange/Green	Blue/Red
35 & Over	Separate	Light/Heavy	White/Yellow	Orange/Green	Blue/Red

**BLACK BELT  
DIVISIONS**

Age	Male/Female	Weights	Belt	Belt	Belt
			<b>PATTERNS</b>		
Special Needs	Together	None	All		
8 & Under	Together	None	1st Poom	2nd Poom & Up	
9 - 12	Together	None	1st Poom	2nd Poom & Up	
13 - 16	Together	None	1st Poom/Dan	2nd Poom/Dan & Up	
17 - 29	Together	None	1st Dan	2nd Dan & Up	
30 & Over	Together	None	1st Dan	2nd Dan & Up	

**SPARRING**

8 & Under	Separate	Light/Heavy	All Levels
9 - 10	Separate	Light/Heavy	All Levels
11 - 12	Separate	Light/Heavy	All Levels
13 - 14	Separate	Light/Heavy	All Levels
15 - 16	Separate	Light/Heavy	All Levels
17 - 29	Separate	Fin/Fly	All Levels
17 - 29	Separate	Bantam/Feather	All Levels
17 - 29	Separate	Light/Welter	All Levels
17 - 29	Separate	Middle/Heavy	All Levels
30 - 35	Separate	Light/Heavy	All Levels
35 & Over	Separate	Light/Heavy	All Levels

Divisions may be separated or Combined at The discretion Of the Director Due to number Of participants