



TRISTAR TAEKWONDO

2320 Main St. Unit 5 (Lambeth) London, Ontario N6P 1A9

(519)652-2299, (519)495-3189

www.tristartkd.com, tristartkd@hotmail.com

February 28, 2006

Dear Club Owners, Masters and Instructors,

Tri Star Taekwondo is pleased to invite you to participate in our 2nd Annual "**Tri Star Tae Kwon Do Championship**" tournament. Due to the overwhelming participation at our first tournament we have booked a much larger facility for our event. It will be held on Saturday April 28, 2007, at [Medway Community Centre](#) 119 Sherwood Forest Square London, ON. This is an O.T.A. sanctioned tournament. WTF rules will apply to the black belt competition between the ages of 13 to 29. O.T.A. colour belt rules will apply to all other divisions. The second Ontario Junior Black Belt team Trial will be held the following day on Sunday, April 29, 2007.

Please note that all competitors and coaches must be current 2007-2008 members of the Ontario Taekwondo Association.

Enclosed is a tournament package including entry forms, and O.T.A. application forms. Please make copies as necessary. You will also note that pre-registration is available and is encouraged to cut down on lineups and delays at the registration desk. The pre-registration deadline is **April 20, 2007.**

In the meantime, if you have any questions, please do not hesitate to contact us at:

Tri Star Taekwondo (519)652-2299 or (519)495-3189

Email at: tristartkd@hotmail.com

Thank you for your interest and we look forward to seeing you in April 2007.

Sincerely,

Master Sai Visouvath

Master Sai Visouvath
Tournament Director

Gillian Slivinski

Gillian Slivinski
Tournament Co-Director

Tri Star Tae Kwon Do *Championship*

Colour & Black Belt Competition (Apr. 28/07)

And

2nd Provincial Junior Black Belt Selection (Apr. 29/07)

Hosted by: *Tri Star Taekwondo*

April 28 & 29, 2007

Registration: 8:30 am

Start Time: 10:00 am

Competition fee: \$50.00 1 or 2 events

(Pre-register \$45.00)

General Admission: \$5.00

(Children under 6 are free)

[Medway Community Centre](#)

119 Sherwood Forest Square London, ON

For More Information:

519-652-2299

Email: tristartkd@hotmail.com

Sanctioned by
The Ontario Taekwondo Association

The Ontario Taekwondo Association is officially recognized by the Ministry of Health

Tri Star Tae Kwon Do Championship

- Hosted By:** Tri Star Taekwondo
- Competition Location:** [Medway Community Centre](#) 119 Sherwood Forest Square
London, ON
- Registration:** 8:30am
- Tournament Begins:** 10:00am
- Pre-Registration:** Pre-registration \$45.00(certified cheques or money order only)
Mail to: Tri Star Taekwondo
2320 Main St. Unit 5 (Lambeth)
London, Ontario N6P 1A9
- Registration Fee:** \$50.00 (1 or 2 events) **CASH ONLY** (Pre-register \$45.00)
\$15.00 OTA Membership fee
-OTA Memberships will be checked at the door-
- Admission:** Adults - \$5.00 each
Children - FREE (6 and under)
- Awards:** Forms: Gold, Silver & Bronze
Sparring: Gold, Silver, Bronze & Bronze
All Children 6 years and under will Receive a Medal (PATTERNS ONLY)
- Rules:** WTF rules apply to Black Belt sparring 13 – 29
OTA colour belt rules apply to all others
- Equipment:** The following equipment is required, by athletes, in order to
Compete in sparring: Arm and Shin guards, Helmet, Chest
Protector, Groin Protector, and Mouth Guard.
- Sparring:** Colour Belts under 13: 1 round of 1.5 minutes
White to Green 14 and over: 2 rounds of 1minute
Blue to Black Stripe 14 and over: 2 rounds of 1.5 minute
Black Belts: 2 rounds of 1.5 minutes
- Hotel:** Howard Johnson Hotel London
1170 Wellington Rd. London,
ON, N6E 1M3 (519)681-1550 or 1-800-446-4656
www.hojo.com
\$89.00 per night (2 Queen Beds), Mention Tri Star Taekwondo
Booking deadline April 7, 2007
(See attached map)

Tri Star Tae Kwon Do *Championship*

SCHEDULE OF EVENTS

Times listed are for reference only, and are subject to change

8:30am	Tournament registration
9:00am	Officials Meeting
9:30am	Opening Ceremonies
10:00am	Tournament begins
10:00am	Colour Belt- Age groups: 3 – 14 Forms followed immediately with sparring
12:30am	Colour Belt- Age groups: 15 - 25 Forms followed immediately with sparring
2:00pm	Colour Belt- Age groups: 26 & over Forms followed immediately with sparring
4:00pm	Black Belts – Age groups: 6 – 14 Forms followed immediately with sparring
5:00pm	Black Belts – Age groups: 15 & over Forms followed immediately with sparring

Colour Belt Divisions PATTERNS

AGE	Male/Female	Weights	Belt	Belt	Belt	Belt	Belt
Special Needs	Together	None	All				
4 & under	Together	None	White/Yellow Stripe	Yellow/ Green Stripe	Green/ Blue Stripe	Blue/ Red Stripe	Red/ Black Stripe
5 - 6	Together	None	White/Yellow Stripe	Yellow/ Green Stripe	Green/ Blue Stripe	Blue/ Red Stripe	Red/ Black Stripe
7 - 8	Together	None	White/Yellow Stripe	Yellow/ Green Stripe	Green/ Blue Stripe	Blue/ Red Stripe	Red/ Black Stripe
9 - 10	Together	None	White/Yellow Stripe	Yellow/ Green Stripe	Green/ Blue Stripe	Blue/ Red Stripe	Red/ Black Stripe
11 - 12	Together	None	White/Yellow Stripe	Yellow/ Green Stripe	Green/ Blue Stripe	Blue/ Red Stripe	Red/ Black Stripe
13 - 14	Together	None	White/Yellow Stripe	Yellow/ Green Stripe	Green/ Blue Stripe	Blue/ Red Stripe	Red/ Black Stripe
15 - 16	Together	None	White/Yellow Stripe	Yellow/ Green Stripe	Green/ Blue Stripe	Blue/ Red Stripe	Red/ Black Stripe
17 - 29	Together	None	White/Yellow Stripe	Yellow/ Green Stripe	Green/ Blue Stripe	Blue/ Red Stripe	Red/ Black Stripe
30 & over	Together	None	White/Yellow Stripe	Yellow/ Green Stripe	Green/ Blue Stripe	Blue/ Red Stripe	Red/ Black Stripe

Colour Belt Divisions SPARRING

AGE	Male/Female	Weights	Belt	Belt	Belt	Belt	Belt
Special Needs	Together	Light/Heavy	All				
4 & under	Separate	Light/Heavy	White/Yellow Stripe	Yellow/ Green Stripe	Green/ Blue Stripe	Blue/ Red Stripe	Red/ Black Stripe
5 - 6	Separate	Light/Heavy	White/Yellow Stripe	Yellow/ Green Stripe	Green/ Blue Stripe	Blue/ Red Stripe	Red/ Black Stripe
7 - 8	Separate	Light/Heavy	White/Yellow Stripe	Yellow/ Green Stripe	Green/ Blue Stripe	Blue/ Red Stripe	Red/ Black Stripe
9 - 10	Separate	Light/Heavy	White/Yellow Stripe	Yellow/ Green Stripe	Green/ Blue Stripe	Blue/ Red Stripe	Red/ Black Stripe
11 - 12	Separate	Light/Heavy	White/Yellow Stripe	Yellow/ Green Stripe	Green/ Blue Stripe	Blue/ Red Stripe	Red/ Black Stripe
13 - 14	Separate	Light/Heavy	White/Yellow Stripe	Yellow/ Green Stripe	Green/ Blue Stripe	Blue/ Red Stripe	Red/ Black Stripe
15 - 16	Separate	Light/Heavy	White/Yellow Stripe	Yellow/ Green Stripe	Green/ Blue Stripe	Blue/ Red Stripe	Red/ Black Stripe
17 - 29	Separate	Light/Heavy	White/Yellow Stripe	Yellow/ Green Stripe	Green/ Blue Stripe	Blue/ Red Stripe	Red/ Black Stripe
30 - 39	Separate	Light/Heavy	White/Yellow Stripe	Yellow/ Green Stripe	Green/ Blue Stripe	Blue/ Red Stripe	Red/ Black Stripe
40 & over	Separate	Light/Heavy	White/Yellow Stripe	Yellow/ Green Stripe	Green/ Blue Stripe	Blue/ Red Stripe	Red/ Black Stripe

Black Belt Divisions PATTERNS

AGE	Male/Female	Weights	Belt	Belt
Special Needs	Together	None	All	
8 & Under	Together	None	1 st Poom	2 nd Poom & up
9 - 12	Together	None	1 st Poom	2 nd Poom & up
13 - 16	Together	None	1 st Poom/Dan	2 nd Poom/Dan & up
17 - 29	Together	None	1 st Dan	2 nd Dan & up
30 & Over	Together	None	1 st Dan	2 nd Dan & up

Black Belt Divisions SPARRING

AGE	Male/Female	Weights	Belt
8 & under	Separate	Light/Heavy	All
9 - 10	Separate	Light/Heavy	All
11 - 12	Separate	Light/Heavy	All
13 - 14	Separate	Light/Heavy	All
15 - 16	Separate	Light/Heavy	All
17 - 29	Separate	Fin/Fly	All
17 - 29	Separate	Bantam/Feather	All
17 - 29	Separate	Light/Welter	All
17 - 29	Separate	Middle/Heavy	All
30 - 39	Separate	Light/Heavy	All
40 & over	Separate	Light/Heavy	All

Divisions may be separated or combined at the discretion of the tournament director/coordinator depending upon the number of participants entered into the competition.

The Ontario Taekwondo Association is officially recognized by the Ministry of Health

Tri Star Tae Kwon Do Championship

Saturday, April 28, 2007

Medway Community Centre 119 Sherwood Forest Square London, ON

Hosted by: Tri Star Tae Kwon Do

ENTRY FORM

NAME: _____

---- Please Print Neatly ----

AGE: _____ Male or Female BELT: _____ WEIGHT _____ HEIGHT: _____

TAEKWONDO SCHOOL: _____

MASTER OR INSTRUCTOR: _____

FEE: **\$50** (For one or both events)

OTA MEMBER: _____ NUMBER: _____

LIABILITY WAIVER

I have read the rules and hereby submit my application for registration in the **Tri Star Tae Kwon Do Championship**. I understand that my participation involves certain risks and regardless of the precautions taken by organizers, some injuries may occur. I agree to waive claims against any persons connected with this tournament and hold harmless the tournament host, their representatives, and competitors for any injuries I may sustain, and likewise assume full responsibility for all my actions in connection with said tournament.

I further agree that any pictures taken of or by me in connection with the said tournament can be used by the Tournament Director for publicity or promotion without compensation at this or any other time.

SIGNATURE: _____ DATE: _____

SIGNATURE OF PARENT/GUARDIAN (If under 18 years): _____

<u>SPARRING</u>
NAME:
TKD SCHOOL:
AGE: BELT:
HEIGHT: WEIGHT:
PLACE:

:
:
:
:
:
:

<u>PATTERNS</u>
NAME:
TKD SCHOOL:
AGE: BELT:
HEIGHT: WEIGHT:
PLACE:

Tri Star Tae Kwon Do Championship



Driving Instructions:

From Toronto: QEW to Hwy-403 West. Proceed west on Hwy-403 to Hwy-401 West. Proceed west on Hwy-401 to Hwy-402 West (toward Sarnia). Proceed west on Hwy-402 to Wonderland Rd. (exit 100). Proceed north on Wonderland Rd. to Sherwood Forest Square on the left.

From Toronto (Alternate): QEW to Hwy-403 West. Proceed west on Hwy-403 to Hwy-401 West. Proceed west on Hwy-401 to Highbury Ave. North (exit 189). Proceed north on Highbury Ave to Oxford Street. Turn left on Oxford St. and proceed west to Wonderland Road. Turn right on Wonderland Rd. and proceed north to Sherwood Forest Square on the left.

From Windsor: Hwy-401 east to Colonel Talbot Rd./Rt-4 (exit 177B). Proceed north on Colonel Talbot Rd. (Rt-4) to Main Street. Turn right on Main St. (Rt-4/Rt-2) and proceed east to Wonderland Road. Turn left on Wonderland Rd. and proceed north to Sherwood Forest Square on the left.

From Windsor to Howard Johnson: 401 East to London, Exit Wellington Road cut-off. Turn left on to Wellington Road. Follow Wellington Road for short time until you reach Howard Johnson Hotel.

From Toronto to Howard Johnson: 401 West to London, (Exit 186B) Exeter Road cut-off. Follow Exeter Road to Wellington Road. Turn right on to Wellington Road. Follow Wellington Road for short time until you reach Howard Johnson Hotel.

Howard Johnson to site: North on Wellington to Southdale Rd. Left on Southdale to Wonderland Road. Right on Wonderland to Sherwood Forest Square on the left