



TRISTAR TAEKWONDO

2320 Main St. Unit 5 (Lambeth) London, Ontario N6P 1A9

Office (519)652-2299, Cell (519)719-1925

Visit us at www.tristartkd.com, Email us at tristartkd@hotmail.com

September 18, 2005

Dear Club Owners, Masters and Instructors,

Tri Star Taekwondo would like to invite you to participate in our upcoming tournament "**Tri Star TaeKwonDo Championship**". Our Tournament will be held on Saturday January 28, 2006, John Paul II Catholic High School, 1300 Oxford St. This is an O.T.A. sanctioned tournament. WTF rules will apply to the black belt competition between the ages of 13 to 29. O.T.A. colour belt rules will apply to all other divisions. The second Ontario Black Belt team trial (senior) will be held the following day on Sunday, January 29, 2006.

Please note that all competitors and coaches must be current 2005-2006 members of the Ontario Taekwondo Association.

Enclosed is a tournament package including entry forms, and O.T.A. application forms. Please make copies as necessary. You will also note that pre-registration is available and is encouraged to cut down on lineups and delays at the registration desk. The pre-registration deadline is **January 20, 2006.**

In the meantime, if you have any questions, please do not hesitate to contact us at:

Tri Star Taekwondo (519) 652-2299 or (519) 495-3189

Email at: tristartkd@hotmail.com

Thank you for your interest and we look forward to seeing you in January 2006.

Sincerely,

Master Sai Visouath

Master Sai Visouath
Tournament Director

Master Tom Locke

Master Tom Locke
Co - Director

Tri Star Tae Kwon Do
Championship

Colour & Black Belt Competition (Jan. 28/06)

And

2nd Provincial Senior Selection (Jan. 29/06)

Hosted by: *Tri Star Taekwondo*

January 28 and 29, 2006

Registration: 8:30 am

Start Time: 10:00 am

Competition fee: \$45.00 1 or 2 events

(Pre-register \$40.00)

General Admission: \$5.00

(Children under 6 are free)

John Paul II 1300 Oxford St

London, ON

For More Information:

519-652-2299

Email: tristartkd@hotmail.com

Sanctioned by
The Ontario Taekwondo Association
Officially recognized by
The Ministry of Health Promotion

Tri Star Tae Kwon Do

Championship

- Hosted By:** Tri Star Taekwondo
- Competition Location:** John Paul II Catholic High School, 1300 Oxford St
- Registration:** 8:30am
- Tournament Begins:** 10:00am
- Pre-Registration:** Pre-registration \$40.00(certified cheques or money order only)
Mail to: Tri Star Taekwondo
2320 Main St. Unit 5 (Lambeth)
London, Ontario N6P 1A9
- Registration Fee:** \$45.00 (1 or 2 events) **CASH ONLY** (Pre-register \$40.00)
\$15.00 OTA Membership fee
-OTA Memberships will be checked at the door-
- Admission:** Adults - \$5.00 each
Children – FREE (6 and under)
- Awards:** Forms: Gold, Silver & Bronze
Sparring: Gold, Silver, Bronze & Bronze
All Children 6 years and under will Receive a Medal (PATTERNS ONLY)
- Rules:** WTF rules apply to Black Belt sparring 13 – 29
OTA colour belt rules apply to all others
- Equipment:** The following equipment is required, by athletes, in order to
Compete in sparring: Arm and Shin guards, Helmet, Chest
Protector, Groin Protector, and Mouth Guard.
- Sparring:** Colour Belts under 13: 1 round of 1.5 minutes
Colour Belts 14+: 1 round of 2 minutes
Black Belts: 2 rounds of 2 minutes
- Hotel:** Howard Johnson Hotel London
1170 Wellington Rd. London,
ON, N6E 1M3 (519)681-1550 or 1-800-446-4656
www.hojo.com
\$89.00 per night (2 Queen Beds), Mention Tri Star Taekwondo
Booking deadline December 29, 2005
(See attached map)
- Alternate Hotel:** Motel 6
810 Exeter Road, London Ontario
1-866-616-8181
\$89.00 per night (2 Queen Beds), Mention Tri Star Taekwondo
Booking deadline December 29, 2005
(See attached map)

Colour Belt Divisions PATTERNS

<u>AGE</u>	<u>Male/Female</u>	<u>Weights</u>	<u>Belt</u>	<u>Belt</u>	<u>Belt</u>
Special Needs	Together	None	All		
6 & under	Together	None	White/Yellow	Orange/Green	Blue/Red
7 - 8	Together	None	White/Yellow	Orange/Green	Blue/Red
9 - 10	Together	None	White/Yellow	Orange/Green	Blue/Red
11 - 12	Together	None	White/Yellow	Orange/Green	Blue/Red
13 - 14	Together	None	White/Yellow	Orange/Green	Blue/Red
15 - 16	Together	None	White/Yellow	Orange/Green	Blue/Red
17 - 29	Together	None	White/Yellow	Orange/Green	Blue/Red
30 & over	Together	None	White/Yellow	Orange/Green	Blue/Red

Colour Belt Divisions SPARRING

<u>AGE</u>	<u>Male/Female</u>	<u>Weights</u>	<u>Belt</u>	<u>Belt</u>	<u>Belt</u>
6 & under	Together	Light/Heavy	White/Yellow	Orange/Green	Blue/Red
7 - 8	Separate	Light/Heavy	White/Yellow	Orange/Green	Blue/Red
9 - 10	Separate	Light/Heavy	White/Yellow	Orange/Green	Blue/Red
11 - 12	Separate	Light/Heavy	White/Yellow	Orange/Green	Blue/Red
13 - 14	Separate	Light/Heavy	White/Yellow	Orange/Green	Blue/Red
15 - 16	Separate	Light/Heavy	White/Yellow	Orange/Green	Blue/Red
17 - 29	Separate	Light/Heavy	White/Yellow	Orange/Green	Blue/Red
30 & 45	Separate	Light/Heavy	White/Yellow	Orange/Green	Blue/Red
46 & over	Separate	Light/Heavy	White/Yellow	Orange/Green	Blue/Red

Black Belt Divisions PATTERNS

<u>AGE</u>	<u>Male/Female</u>	<u>Weights</u>	<u>Belt</u>	<u>Belt</u>	<u>Belt</u>
Special Needs	Together	None	All		
8 & Under	Together	None	1 st Poom	2 nd Poom & up	
9 - 12	Together	None	1 st Poom	2 nd Poom & up	
13 - 16	Together	None	1 st Poom/Dan	2 nd Poom/Dan & up	
17 - 29	Together	None	1 st Dan	2 nd Dan & up	
30 & Over	Together	None	1 st Dan	2 nd Dan & up	

Black Belt Divisions SPARRING

<u>AGE</u>	<u>Male/Female</u>	<u>Weights</u>	<u>Belt</u>	<u>Belt</u>	<u>Belt</u>
8 & under	Separate	Light/Heavy	All		
9 - 10	Separate	Light/Heavy	All		
11 - 12	Separate	Light/Heavy	All		
13 - 14	Separate	Light/Heavy	All		
15 - 16	Separate	Light/Heavy	All		
17 - 29	Separate	Fin/Fly	All		
17 - 29	Separate	Bantam/Feather	All		
17 - 29	Separate	Light/Welter	All		
17 - 29	Separate	Middle/Heavy	All		
30 - 45	Separate	Light/Heavy	All		
46 & over	Separate	Light/Heavy	All		

Divisions may be separated or combined at the discretion of the tournament director/coordinator depending upon the number of participants entered into the competition.

Tri Star Tae Kwon Do

Championship

Saturday, January 28, 2006

John Paul II Catholic High School, 1300 Oxford St

Hosted by: **Tri Star Tae Kwon Do**

ENTRY FORM

NAME: _____

---- Please Print Neatly ----

AGE: _____ SEX: _____ BELT: _____ WEIGHT: _____ HEIGHT: _____

TAEKWONDO SCHOOL: _____

MASTER OR INSTRUCTOR: _____

FEE: **\$45** (For one, two or both events)

OTA MEMBER: _____ NUMBER: _____

LIABILITY WAIVER

I have read the rules and hereby submit my application for registration in the **Tri Star Tae Kwon Do Championship**. I understand that my participation involves certain risks and regardless of the precautions taken by organizers, some injuries may occur. I agree to waive claims against any persons connected with this tournament and hold harmless the tournament host, their representatives, and competitors for any injuries I may sustain, and likewise assume full responsibility for all my actions in connection with said tournament.

I further agree that any pictures taken of or by me in connection with the said tournament can be used by the Tournament Director for publicity or promotion without compensation at this or any other time.

SIGNATURE: _____ DATE: _____

SIGNATURE OF PARENT/GUARDIAN (If under 18 years): _____

SPARRING

NAME: _____

TKD SCHOOL: _____

AGE: _____ BELT: _____

HEIGHT: _____ WEIGHT: _____

PLACE: _____

PATTERNS

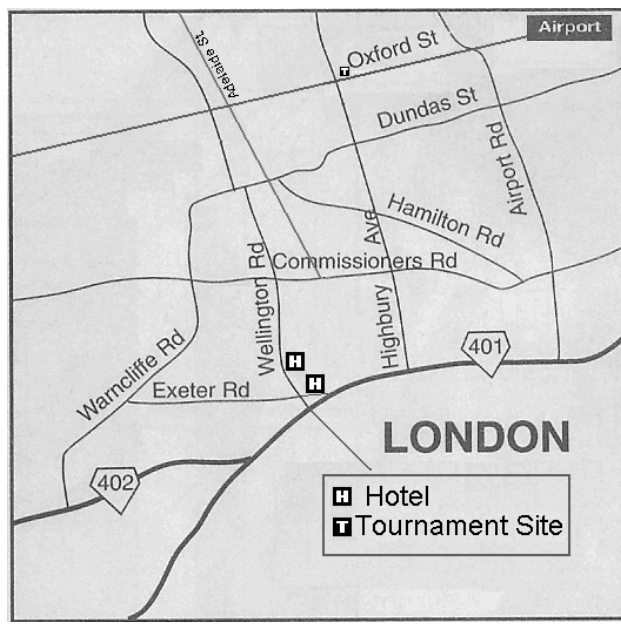
NAME: _____

TKD SCHOOL: _____

AGE: _____ BELT: _____

POINTS: _____

PLACE: _____



DRIVING DIRECTIONS

From Toronto to site: 401 West to London, exit Highbury Avenue cut-off. Follow Highbury Avenue North to Oxford Street, turn Right. Turn left into John Paul II parking lot.

From Windsor to site: 401 East to London, Exit Highbury Avenue cut-off. Follow Highbury Avenue North to Oxford Street, turn Right. Turn left into John Paul II parking lot.

From Windsor to Motel 6: 401 east to London, Exit Wellington Road Cut off, Turn Left on to Wellington Road. Follow Wellington Road to Exeter Road. Turn left on Exeter Road Motel 6 is on the left.

From Toronto to Motel 6: 401 West to London, Exit 186B Exeter Road cut-off, Motel 6 is on the right.

Motel 6 to site: Turn right on to Exeter Road. Follow Exeter road to Wellington Road. Turn Left on to Wellington Road. Follow Wellington Road to 401 East. Travel down the 401 East until the Highbury Avenue cut-off. Exit Highbury Avenue and turn left. Follow Highbury Avenue North to Oxford Street, turn Right. Turn left into John Paul II parking lot.

From Windsor to Howard Johnson: 401 East to London, Exit Wellington Road cut-off. Turn left on to Wellington Road. Follow Wellington Road for short time until you reach Howard Johnson Hotel.

From Toronto to Howard Johnson: 401 West to London, Exit 186B Exeter Road cut-off. Follow Exeter Road to Wellington Road. Turn right on to Wellington Road. Follow Wellington Road for short time until you reach Howard Johnson Hotel.

Howard Johnson to site: Turn left out of Howard Johnson on to Wellington Road. Follow Wellington Road to 401 East. Travel down the 401 East until the Highbury Avenue cut-off. Exit Highbury Avenue and turn left. Follow Highbury Avenue North to Oxford Street, turn Right. Turn left into John Paul II parking lot.