



## OTA Black Belt Challenge - Poomsae Results

January 23, 2016 | Milton, ON

### Individual Poomsae - U10 Female

- |   |            |                           |
|---|------------|---------------------------|
| 1 | Ava Adolfo | JSC Taekwondo             |
| 2 | Emma Chau  | Markham Taekwondo Academy |
| 3 | Natalie To | Markham Taekwondo Academy |

### Individual Poomsae - U10 Male

- |   |               |                           |
|---|---------------|---------------------------|
| 1 | Ethan Lok-Yee | Markham Taekwondo Academy |
|---|---------------|---------------------------|

### Individual Poomsae - Youth Female

- |   |              |             |
|---|--------------|-------------|
| 1 | Agnes Ka Hei | Myung's TKD |
| 2 | Ke Sha       | Myung's TKD |
| 3 | Annabelle Gu | Kickstart   |

### Individual Poomsae - Youth Male

- |   |                |                           |
|---|----------------|---------------------------|
| 1 | Nathan Lor     | Myung's TKD               |
| 2 | Callum Warnaar | Myung's TKD               |
| 3 | Matthew Lam    | Markham Taekwondo Academy |

### Individual Poomsae - Cadet Female

- |   |             |                           |
|---|-------------|---------------------------|
| 1 | Rose Lagran | Rhonrose Martial Arts     |
| 2 | Sarah Juman | Master Seung's - Argentia |
| 3 | Mellisa Lam | Markham Taekwondo Academy |

### Individual Poomsae - Cadet Male

- |   |               |                           |
|---|---------------|---------------------------|
| 1 | Eric Lam      | STK                       |
| 2 | Enoch Chau    | Markham Taekwondo Academy |
| 3 | Anton Carreon | Markham Taekwondo Academy |

### Team Poomsae - Cadet Female

- |   |             |             |             |                  |
|---|-------------|-------------|-------------|------------------|
| 1 | Rose Lagran | Sarah Juman | Mellisa Lam | Rhonrose/Markham |
|---|-------------|-------------|-------------|------------------|

#### Team Poomsae - Cadet Male

**1** Abdullah Mohamed      Keith Millado      Aydin Lim      JSC Taekwondo

#### Pair Poomsae - Cadet

**1** Eric Lam      Sarah Juman      STK  
**2** Anton Carreon      Michelle Lee      Markham Taekwondo Academy  
**3** Abdullah Mohammed      Amelia Adolfo      JSC Taekwondo

#### Individual Poomse - Junior Female

**1** Justina Yu      STK  
**2** Oliva Adolfo      JSC Taekwondo  
**3** Kaitlyn Wiens      YCTKD - VV

#### Individual Poomse - Junior Male

**1** Brian Lam      STK  
**2** AJ Assadian      Han's TKD  
**3** Rhon Lagran      Rhonrose Martial Arts

#### Team Poomsae - Junior Female

**1** Michelle Lam      Olivia Adolfo      Robin Scott      Markham Taewondo

#### Team Poomsae - Junior Male

**1** Rhon Lagran      Abbas Assadian      Samuel Lee      Rhonrose Martial Arts  
**2** Sean Henry      Omid Erfani      Khalil Thompson      Master Seung's - Argentia

#### Pairs Poomsae - Junior

**1** Brian Lam      Justina Yu      STK  
**2** Alexander Mackenzie      Robin Scott      Kickstart  
**3** Noah Man      Celine Gu      Excel/Kickstart

#### Individual Poomsae - U30 Female

**1** Maria Alvie Dela Cruz      Rhonrose Martial Arts  
**2** Emily Proctor      Myung's TKD  
**3** Erika Caldwell      Rhonrose Martial Arts

#### Individual Poomsae - U30 Male

**1** Jesse Kazemi      Myung's TKD

#### Team Poomsae - U30 Female

**1** Maria Alvie Dela Cruz      Alissa Juman      Erika Caldwell      Rhonrose Martial Arts

Individual Poomsae - U40 Female

- |          |                 |               |
|----------|-----------------|---------------|
| <b>1</b> | Emilia Camastro | Oakville TKD  |
| <b>2</b> | Nadja Davies    | JSC Taekwondo |

Individual Poomsae - U40 Male

- |          |             |     |
|----------|-------------|-----|
| <b>1</b> | Reza Rabiei | STK |
|----------|-------------|-----|

Individual Poomsae - U50 Female

- |          |                      |                           |
|----------|----------------------|---------------------------|
| <b>1</b> | Lisa Mae Petropolous | Myung's TKD               |
| <b>2</b> | Ming Chu Lam         | Markham Taekwondo Academy |
| <b>3</b> | Chooi Peng Low       | Kickstart                 |

Individual Poomsae - U50 Male

- |          |             |                           |
|----------|-------------|---------------------------|
| <b>1</b> | Mike Larose | Falconbridge              |
| <b>2</b> | Michael Lam | Markham Taekwondo Academy |

Individual Poomsae - U60 Female

- |          |             |             |
|----------|-------------|-------------|
| <b>1</b> | Nadia Habib | Myung's TKD |
|----------|-------------|-------------|

Individual Poomsae - U60 Male

- |          |               |           |
|----------|---------------|-----------|
| <b>1</b> | Mohsen Kazemi | STK       |
| <b>2</b> | Caesar Mateo  | Gajok TKD |